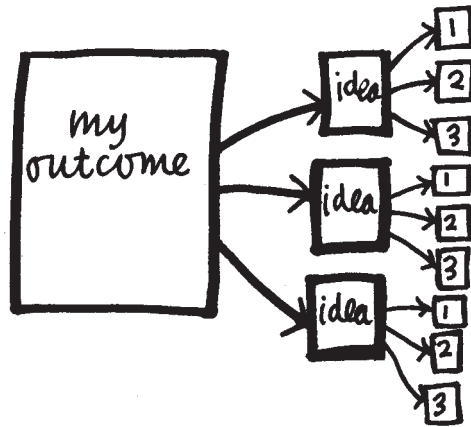


# three x three options

## What is the tool?

This is a simple tool to help you think creatively about how you might arrange your support to achieve your outcomes and live life the way you want.



## How can it help me with my support plan?

This tool will help you think creatively about 'real world' options for getting the support you need to achieve your outcomes and live the life you choose. At the core of this tool is the idea that you don't really have choice unless you have at least three things to choose from. Therefore for each idea or solution you always need three options to explore.



## How can I use this?

- 1 Begin by making a simple list of the outcomes you have identified that you want to achieve and all those bottom line issues you know must be included in any support plan you develop.
- 2 Taking each issue separately and starting with a blank piece of paper begin to think about options or solutions. You need to think of three options for each idea you come up with. The example below gives an idea of how this works.

- 3 Write down as many things you can think of until you run out of ideas.  
No idea is a silly idea and every idea counts. Think about the things we do in the real world to address these sorts of issues rather thinking about the services traditionally offered.
- 4 When you have run out of ideas go back through what you have written and circle the options you would like to explore further. This will give you a list of things you can begin action planning in detail.

- 5 Some solutions may work for a number of different outcomes and bottom line issues i.e. employing a personal assistant may help you with support issues in the home and getting out and about.
- 6 Once you have generated a set of ideas or solutions for all your outcomes you can begin planning the detail of these.

